

Alcohol and Other Drug Use Prevention

Key Concepts

Grades Pre K – 2

A. Health Concepts

_____ Drugs, including alcohol, are substances that change how the body works.

LINK: A.3. Demonstrate an understanding of basic health terms.

C. Health Promotion and Risk Reduction

_____ Medicines are used to control and cure disease and disorders, if they are used properly.

LINK: C.1. Differentiate between safe and harmful substances found at home and school.

Grades 3 – 4

A. Health Concepts

_____ Some drugs are illegal and can be harmful.

LINK: A.7. Demonstrate essential understanding of basic health concepts.

C. Health Promotion and Risk Reduction

_____ Medicines are drugs that can be helpful or harmful depending on how they are used.

LINK: C.1. Compare behaviors that are safe to those that are risky or harmful.

D. Influences on Health

_____ Family members and friends influence decisions about alcohol and other drug use.

LINK: D.1. Evaluate the influences of culture on health.

_____ Some advertisements try to persuade people to use alcohol.

LINK: D.2. Explain how media influences the selection of health decisions.

Grades 5 - 8

A. Health Concepts

- _____ Alcohol and other drug use has short-term and long-term physical, mental, emotional, and social effects on health.
LINK: A.3. Analyze the effects that risky behaviors have on personal health.
- _____ Alcohol and other drugs have varying properties and characteristics.
LINK: A.8. Demonstrate thorough understanding of key health concepts.
- _____ Laws and policies regulate the sale and use of alcohol and other drugs.
LINK: A.8. Demonstrate thorough understanding of key health concepts.
- _____ Alcohol and other drug use has financial impact on the individual and family.
LINK: A.8. Demonstrate thorough understanding of key health concepts.

B. Health Information, Services and Products

- _____ Many community organizations have information about alcohol and other drugs and can help people who are affected by their abuse.
LINK: B.2. Identify resources from home, school, and community that provide valid health information and services.

C. Health Promotion and Risk Reduction

- _____ Responsibility for maintaining personal health includes not using alcohol and other drugs.
LINK: C.1. Explain the importance of assuming responsibility for personal health.
- _____ Positive assets and risky behaviors can impact health decisions around alcohol and other drugs.
LINK: C.2. Analyze a personal health assessment to determine health strengths and risks.

D. Influences on Health

- _____ Alcohol manufacturers use various techniques to direct advertisements toward young people to buy their products.
LINK: D.2. Analyze how messages from media influence both health behaviors and the selection of health information, products, and services.

Grades 5 – 8

E. Communication Skills

- _____ Students can encourage peers not to use alcohol and other drugs.
LINK: E.1. Demonstrate effective verbal and non-verbal communication skills to enhance health and to build and maintain healthy relationships.

- _____ Young people can demonstrate strategies to resist pressure to use alcohol and other drugs.
LINK: E.2. Demonstrate refusal and negotiation skills which can enhance health by enabling them to deal with negative peer pressure.

F. Decision-making and Goal Setting

- _____ Decisions regarding alcohol and other drug use have consequences.
LINK: F.3. Explain how decisions regarding health behaviors have consequences for them and others.

- _____ Personal health goals are affected when alcohol and other drug use becomes a priority.
LINK: F.4. Describe how personal health goals are influenced by changing information, abilities, priorities, and responsibilities.

Secondary

A. Health Concepts

_____ Alcohol and other drug use during pregnancy has harmful effects on the fetus.
LINK: A.3. Evaluate the short-term and long-term effects of risky behavior.

_____ School and community policies can promote alcohol and drug-free environments.
LINK: A.7. Analyze how public health policies and laws influence health promotion and disease prevention.

_____ Stress management reduces the likelihood of alcohol and other drug use.
LINK: A.10. Describe how stress management relates to disease prevention.

_____ Alcohol and other drugs impact personal relationships.
LINK: A.11. Demonstrate in-depth understanding of complex health concepts.

B. Health Information, Services, and Products

_____ School and community resources have information and services available to help resist or quit alcohol and other drug abuse.
LINK: B.3. Access school and community health services.

_____ Drinking alone, experiencing a blackout or binge drinking indicates a problem that requires professional help.
LINK: B.4. Analyze various health problems and identify those that require professional health care services.

D. Influences on Health

_____ Media messages influence alcohol and other drug use.
LINK: D.2. Evaluate the effect of media and other factors on personal, family, and community health.

_____ Family and peers influence personal use or non-use of alcohol and other drugs.
LINK: D.4. Analyze how the family, peers, and community influence the health of individuals.

Secondary

E. Communication Skills

- _____ Refusal skills effectively reduce the likelihood of alcohol and other drug use.
LINK: E.1. Demonstrate healthy ways to listen and communicate effectively with family peers, and others.

F. Decision-making and Goal Setting

- _____ Alcohol and other drug use has short-term and long-term health, legal, cosmetic, social, and economic consequences.
LINK: F.3. Predict the immediate and long-term impact of health decisions on the individual, family, and community.